Session 57: Called and Capable: Matching Vocation to the Life You Are Building

Phase 5 — Giving Back: Service, Leadership & Purpose · Block 3 — Purpose & Vocation

Date: _____ My craving today (0–10): _____ One word for my week: _____

Handout for this session: the Session 57 handout (Testing a Vocation) — in the Handouts Packet.

What we're learning

Session 53 wrote the compass sentence; Session 54 got you in the door. Vocation is where the two meet over time: work that uses your actual capabilities, can be sustained by your actual life, and moves in your compass direction. Capabilities are built, not found — training, certificates, licenses, and slow reputations — and every build starts with one named step small enough to take this month.

- Four tests for any opportunity Fit: does it use your real strengths (Session 32)? Sustainability: can your body, schedule, and household carry it for a year? Risk: what are its chains — people, places, paydays (Session 29)? Direction: does it move along your compass sentence, or merely pay more to stand still?
- Build the capability before the title Name the next capability — the certificate, the license, the skill, the supervised hours — and its first step. People who chase titles collect rejections; people who build capabilities collect options.
- A no can be obedience Declining the wrong good offer — the money is real and the risk is fatal — is a vocational skill. Say it clean, say it early, and write down the test it failed so the next offer is judged faster.

Goals for this session

☐ I can distinguish job (what pays), career (what builds), and vocation (what fits the compass sentence, Session 53)

☐ I can score a real opportunity against four tests: fit, sustainability, risk, and direction

☐ I can name my next capability to build and the first concrete step toward it

Check-in

If money were handled for one year, what work would you choose purely because it fits you? Say it out loud before you edit it.

Discussion — write your answers

Write what you would say out loud — and more, if it comes. There is no right-length answer; there is only an honest one.

1. Run a real opportunity — yours or a plausible one — through the four tests aloud. Where does it fail?

2. What is your next capability, and what is embarrassingly small first step you have been avoiding?

3. Tell about a 'no' you are proud of, or one you wish you had said. What did it teach your tests?

4. What is your next capability, and what is its first step, with a date?

Session 57 — Skill Practice

Vocation board (solo grid, then pairs): draw the four tests as columns; enter one real opportunity; score each column with evidence, not feelings — a schedule, a name, a number. Below the grid, write the next capability and its first step with a date. Partners interrogate the weakest column: what would have to change for this to pass?

My vocation board — one real opportunity scored against fit, sustainability, risk, and direction:

My next capability, and its first step, with a date:

My takeaway

The one thing from this session I most need to remember — in my own words:

Homework — this week's application

☐ Take the capability's first step this week — the call, the catalog, the enrollment question, the conversation — and write the name of the human you dealt with and what they said.

My log for the week:

An optional Scripture handout for this session is available from your facilitator on request.